



Board Trustee

Role Description.

Mental Health Ireland in advance of their 2025 AGM are seeking to recruit **4 new trustees** to replace end of term rotations on the Board of Directors.

Mental Health Ireland is a national voluntary organisation working with Mental Health Associations, partner and affiliate organisations active across the Republic of Ireland. Founded in 1966, our focus has been on promoting Positive Mental Health and Wellbeing for people with lived experience of mental health challenges. Mental Health Ireland is the longest established national mental health charity in Ireland and throughout our history we and our network of Mental Health Associations have played a central role in reshaping how the public understand mental health challenges.

Our current strategic plan, Educating, Empowering and Connecting Communities 2025 – 2027 launched in March 2025, and sets out 3 key priority areas, which will inform our organisational goals over the next 3 years. Our objective aims are to advance greater public understanding, empathy and support for people with lived experience of mental health challenges, their loved ones and bring general public awareness through Mental Health Promotion and educational activities locally, regionally and nationally.

Good governance is priority to Mental Health Ireland and our Board of Directors along with the CEO and senior management team work together to meet the charity regulation compliance standards. New board members will play an active role in the maintenance and sustainability of our governance and compliance standards, thus contributing to the long standing reputation of the organisation.

We are currently seeking 4 new trustees to take a seat on the Board of Directors who oversee the running of the organisation. We are specifically interested in filling roles with the following expertise:

Mental Health Professional
Education
Fundraising / Corporate Engagement
Legal

Interested applicants should have an appetite to be part of our mission to educate, empower, and connect communities, creating a culture where everyone is treated with respect and supported especially when our mental health is challenged. While knowledge of mental health is a distinct advantage, we appreciate that not all interested persons will have experience of working in mental health and welcome all applications, as we understand that diversity will only add value to our board.

Successful applicants will be elected to the board in our upcoming AGM taking place in May 2025. Full details of the function of Mental Health Ireland Board of Directors and our organisation structure is included in the information pack linked below:

[Mental Health Ireland Board Trustee - Information pack.docx](#)

To express your interest and for informal queries, please email our CEO Dr. Lisa Cuthbert via our recruitment inbox recruitment@mentalhealthireland.ie, quoting Board Member application / query in the subject line. Your email should include a CV and outline the reason for your interest and your suitability to the appointment, along with details of your professional expertise.

Shortlisting may apply and we will conduct reference checks prior to election dates.

Mental Health Ireland Board of Directors operate in a voluntary capacity. There is no remuneration for this role, however travel and subsistence expenses are paid where applicable.

Closing date for applications is Friday 25th April 2025.